

Healthy Ageing Strategy 2022-2025



Council acknowledges the Gadigal and Wangal peoples of the Eora Nation, who are the traditional custodians of the lands in which the Inner West Local Government Area is situated.

We celebrate the survival of Aboriginal and Torres Strait Islander cultures, heritage, beliefs and their relationship with the land and water. We acknowledge the continuing importance of this relationship to Aboriginal and Torres Strait Islander peoples living today, despite the devastating impacts of European invasion. We express our sorrow for past injustices and support the rights of Aboriginal and Torres Strait Islanders to self-determination.



LGA Wards

- Balmain Ward – Baludarri (Leather Jacket)
- Leichhardt Ward – Gulgadya (Grass Tree)
- Ashfield Ward – Djarrawunang (Magpie)
- Stanmore Ward – Damun (Port Jackson Fig)
- Marrickville Ward – Midjuburi (Lillypilly)

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Executive Summary

Inner West Council has worked hard over its first five years and had some remarkable achievements whilst also going through a significant period of transformational change. Together – our community, the Councillors and staff – can look back over this term with satisfaction at what has been achieved.

The Inner West's population is ageing. Today, among our own community of more than 200,000, almost 55,000 people – or about one in four – are aged 50 years or older. This trend is projected to continue in the coming years, and by 2026 more than 3,400 people are also expected to be living with dementia in the Inner West.

Our ageing population presents both a challenge and an opportunity for the Inner West Council to support its communities to continue to lead full and rewarding lives as they age. Through extensive community consultation, expert advice and research into national

and international best practice, Council has developed the *Health Ageing Strategy and Action Plan 2022-2025* to guide its policy and program support for older members of the community.

The Healthy Ageing Strategy focuses on delivering across six priority areas over the next four years:

- staying active
- getting around and staying connected
- housing, employment and financial security
- safety
- learning and sharing knowledge
- health and diversity.



Introduction

It is well established that social connection is essential for good physical and mental health across all life stages. As people age, connection with family, friends and the broader community grows in importance as the frequency and nature of people's social contact can be reduced through retirement, for example, or changes in living circumstances.

Research demonstrates that continuing to participate in the community as we grow older is an important part of health ageing. Participation in social and cultural activities creates social inclusion and promotes greater health and wellbeing.

The *Healthy Ageing Strategy 2022–2025* recognises that the needs of older people in the Inner West are diverse. Following best practice, the strategy and supporting action plan has a particular focus on supporting older people to stay engaged in the community regardless of their circumstances.

What is healthy ageing?

According to the World Health Organization, healthy ageing is “the process of developing and maintaining the functional ability that enables wellbeing in older age”. This means that as people age it is important for them to develop and maintain the capabilities that allow them to do what they value. This includes a person's ability to:

- meet their basic needs
- learn, grow and make decisions
- be mobile
- build and maintain relationships
- contribute to society.

What determines healthy ageing?

With the world's population ageing at a faster rate than in the past, there is an increasing focus on understanding the factors that contribute to healthy ageing.

The World Health Organization has found that an older person's capacity and circumstances are shaped by the cumulative impact of advantage and disadvantage across their lives. This includes factors such as the family they were born into, gender, ethnicity, level of education and financial resources.

It also highlights that there is no typical older person. Some older people are strong mentally and physically while others require extensive care and support. It is important that policies are framed to improve the functional ability of all older people, whether they are robust, care dependent or in between.

In addition, healthy ageing research and literature point to the close connection between social participation and ageing well. Social and structural factors including financial security, housing, transport, accessible urban design, cultural background, gender, information access, support services and connectedness to family and community also influence the ability to age well (Haslam, 2019).



How was the Healthy Ageing Strategy developed?

The *Healthy Ageing Strategy 2022–2025* is a four-year roadmap for Inner West Council to support a growing number of residents to continue to live full and rewarding lives as they age.

Through surveys and focus groups, more than 600 residents from across the Inner West contributed their views on the interests, needs, aspirations and challenges of people as they age. Service providers and community-based organisations, stakeholders from government and business, and Council staff also contributed to the development of the strategy.

In addition to the contribution from community and other stakeholders, the strategy reflects input from an expert forum, and findings from healthy ageing research and literature.

Profile of ageing in the Inner West

More than 200,000 people live in the Inner West, and the population is growing. At the 2016 census 54,628 people were aged 50 years or over, and 31,969 were 60 years and over.

The Inner West Council's *Healthy Ageing Strategy 2022–2025* is focused primarily on people aged over 50 years. The total number of people aged over 50 in

our community will increase significantly as a result of ageing of existing residents, and new residents moving into the area.

Residents aged 50 years or over are diverse. A key feature of the community is the ageing of the wave of migrants who made the Inner West suburbs their home in the 1950s and 1960s. The largest (non-English) language groups for residents 50 years and over include Arabic, Cantonese, Greek, Italian, Mandarin, Nepali, Portuguese, Shanghainese, Spanish and Vietnamese.

Residents in this age group also have varied faiths, diverse sexual orientation, and differences in their relative socio-economic advantage and disadvantage.

An additional consideration that may impact older residents in the Inner West is that physical inactivity, being overweight, obesity and low vegetable intake are more likely in areas that experience more disadvantage, and these factors can contribute to high incidents of falls, diabetes, cardiovascular disease and a predicted growth in dementia.



Table 1: Inner West population over 50 years in 2016

Age Group	Ashfield Djarrawunang Ward	Balmain Baludarri Ward	Leichhardt Gulgadya Ward	Marrickville Midjuburi Ward	Stanmore Damun Ward	Inner West %	Greater Sydney %
50-59 years	4,669 (12.3%)	4,906 (13.5%)	4,425 (11.7%)	3,859 (11.2%)	3,822 (11%)	12%	12.2%
60-69 years	3,095 (8.1%)	3,889 (10.7%)	3,308 (8.7%)	2,768 (8%)	2,486 (7.2%)	8.6%	9.4%
70-84 years	2,767 (7.2%)	2,337 (6.5%)	2,637 (6.9%)	2,360 (6.9%)	1,714 (4.9%)	7.5%	7.5%
85 years and over	879 (2.3%)	431 (1.2%)	798 (2.1%)	645 (1.9%)	347 (1%)	1.7%	2%

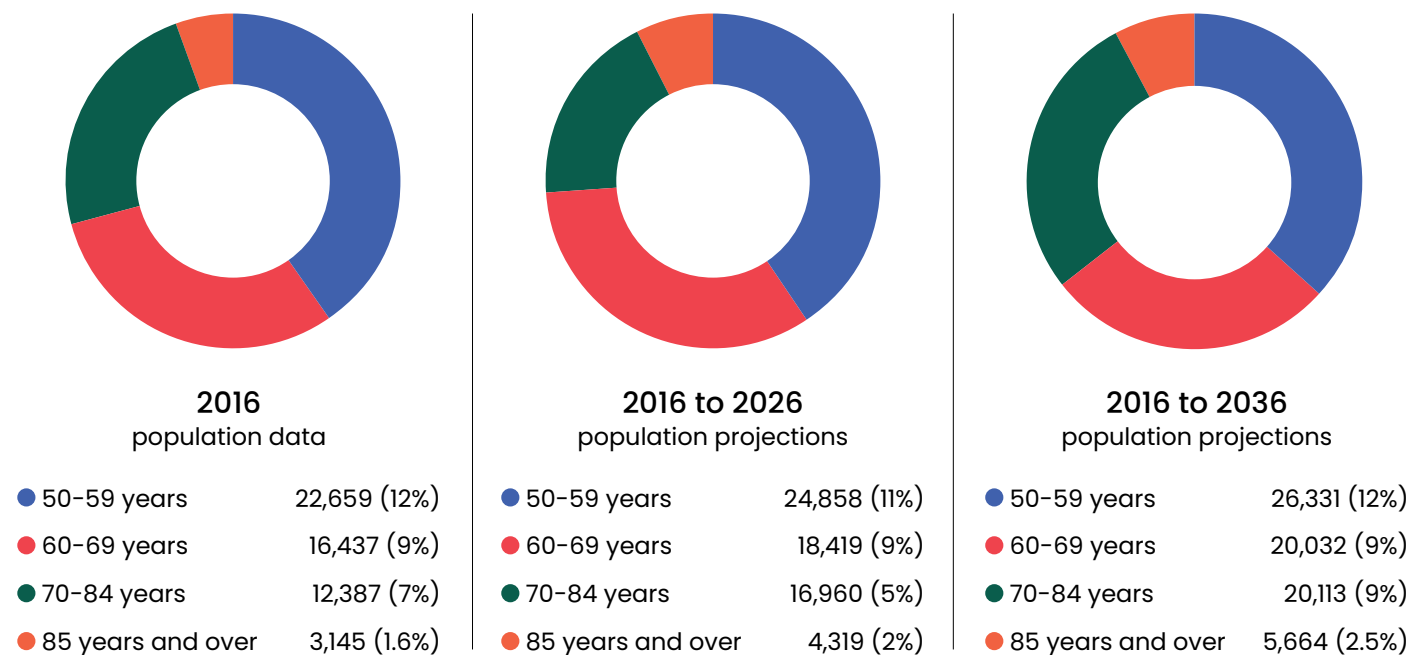
By 2026 the following changes are predicted:

- the Inner West population will grow by 13% to 216,917
- people aged 50 years and over will increase by 24% or 54,628 to 67,556 people
- people aged 55 years and over will increase by 21% or 8,862 people to 51,257 people
- people aged 65 years and over will increase by 29% or 6,669 people to 29,693 people
- people aged 85 years and over will increase by 37% or 1,174 people to 4,319 people.

The Inner West's older population remains balanced across men and women until the age of 85 where women begin to outnumber men. By the age of 85 and over, women make up 63% of the group while men make up 37%.

The prevalence of dementia increases with age. Dementia Australia reports that three in 10 people over the age of 85, and almost one in 10 people over 65 have dementia and that dementia is now the leading cause of death among women in Australia. It is projected that 3,489 people will be living with dementia in the Inner West by 2026 climbing to almost 5,000 people by 2036.

Table 2: Future population projections



Strategic approach

Key priorities for Council action

Through community engagement, the following areas were highlighted for Council to support healthy ageing:

- public space and infrastructure for creating a liveable and inclusive community as people age
- lighting, pathways and green spaces influence how safe the Inner West feels, and in turn perceptions of safety
- becoming a more dementia friendly city
- celebrating the diversity of our population and developing responses that meet the specific needs of residents
- public and community transport to enable participation in community life
- access to secure and stable housing as people retire and get older

- greater access to opportunities for paid work, and volunteering opportunities matched to a person's skills and interests
- access to information to navigate the different stages of life including financial literacy, care, services and support
- stronger communication support via traditional and digital modes.

Council's role

Under the *Local Government Act 1993*, local councils are required to develop a hierarchy of plans known as the Integrated Planning and Reporting Framework. This framework assists councils in delivering their community's vision through long, medium and short-term plans.

The Inner West Community Strategic Plan, *Our Inner West 2036*, identifies the community's vision for the future, long-term goals, and strategies to get there and



outlines how Council will measure progress towards that vision. The Plan identifies five strategic directions that support the goals of the community. The Healthy Ageing Strategy aligns closely with Strategic Direction 4: Caring happy healthy communities.

Our Inner West 2036 guides Council to achieve the outcomes that the Inner West community has identified as priorities:

- inform our strategic decision-making that will shape our future community, economy and environment
- protect and enhance the community's values and heritage
- pave the way for the future through proactive planning for the impacts of change
- strive for inclusivity, sustainability, resilience, accountability and innovation.

Within this context, Council has identified three key responsibilities that support the Healthy Ageing strategy:

1. **Facilitator:** supporting and working with local community groups, organisations and government agencies to deliver services and infrastructure projects the community needs
2. **Provider:** providing essential social, cultural and community and infrastructure and programs; not replicating what is available in the commercial or not for profit market
3. **Advocate:** advocating to NSW and Commonwealth Governments for the development and implementation of policy for more effective social, cultural and economic outcomes.

Strategic focus areas

The *Healthy Ageing Strategy 2022–2025* proposes six focus areas. These and Council's initial responses are detailed below:



1 Staying active

Initial responses :

- develop a community hub model to better connect older people to the broader community
- support a diverse range of self-sustaining wellbeing initiatives in the community
- promote and support intergenerational participation
- evaluate our Healthy Ageing programming and recommend changes to Council
- explore an expansion of funding to support participation of older people
- collaborate with the Local Health District on healthy ageing policy.



2 Getting around and staying connected

Initial responses :

- infrastructure to support the comfortable use of public spaces, such as shade, age-friendly seating, bubblers, accessible toilets and walking with companion animals
- co-design of town centre upgrades with people as they age
- apply age-friendly principles to support older people's movements across the Inner West
- advocate for improved public transport options that are accessible
- review and improve local transport provided by Council
- develop more accessible footpaths and pathways across communities
- deliver new and improved community facilities and infrastructure
- ensure accessible parking is available when it is needed
- ensure communication is tailored to older residents via both traditional and digital channels.



3 Housing, employment and financial security

Initial responses :

- advocate for a range of fundamental needs for older people including social and affordable housing
- promote financial literacy
- deliver housing support for older people, and particularly older women

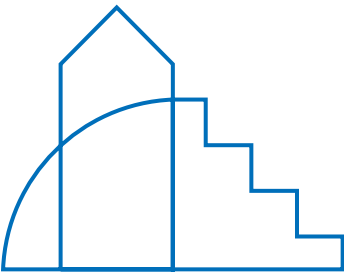




4 Safety

Initial responses :

- Council venues are available in times of crisis or emergency
- reduce and prevent family violence and elder abuse.



5 Learning and sharing knowledge

Initial responses :

- increase the visibility of healthy ageing
- support the Inner West Dementia Alliance
- connect to volunteering
- promote resources to support caring
- maximise opportunities to share knowledge and mentor others.



6 Health and diversity

Initial responses :

- collaborate on implementing the Aboriginal Health Strategic Plan of Sydney Local Health District
- provide cultural awareness training for staff
- support the sustainability of groups of older people from culturally and linguistically diverse backgrounds
- improve capacity to engage in a culturally sensitive way with LGBTIQ+ people.

What is Council currently doing?

Council has invested significantly in promoting and supporting Healthy Ageing, key highlights have included:

- Employment of Healthy Ageing Community development staff dedicated to championing the voices, aspirations and inclusion of older people and ensuring older people can access a diverse range of health and wellbeing activities and initiatives.
- The Hannaford Centre, a Council funded Community Centre, offering diverse activities and programs for older people living in the Inner West.
- Collaborative development and delivery of programs for older people by Council's Aquatic Centres, Community Centres, Sport and Recreational Unit, Healthy Ageing Team and Library Services including computer training and talks including the History and Speaker Series.
- A range of initiatives for older people to stay active and connected in the community in collaboration with other organisations such as Services Australia, Dementia Australia, Sydney Local Health District, Community Centres and other service providers and local schools.
- Actively support and participate in key advocacy and awareness raising initiatives and networks specific to older people, including the Inner West Region Elder Abuse Collaboration, Active Ageing Network, Aged Services Sector Development Forums and Interagency, Dementia Alliance and Multicultural Networks. These forums promote, support, deliver and advocate for the provision of support services, programs, and social inclusion for residents over 65 years old.
- Publication of a Seniors Directory.



- Annual events such as Seniors Festival, Grandparents Day, Dementia Action Week, Mental Health Month delivered in collaboration with local community organisations, businesses, artists, and networks.
- Facilitate Seniors Local Democracy Working Group, providing local older residents an avenue to contribute ideas and provide feedback to Council on issues and projects pertaining to healthy ageing.
- Grants: Council's Community Wellbeing, Recreation, Multicultural, Environmental and Arts Grants include the funding of programs, services, and collaborations specific to older people in the community.

Initiatives reflected in the Healthy Ageing Action Plan will continue to build on existing programs, projects, partnerships, collaborations and co-design with the community, non-government, and the government sectors. The Action Plan will respond to the diverse and emerging community needs, industry trends, government policy frameworks and innovative practice. These initiatives will align to aspirations for age-friendly and dementia friendly communities.

Implementation of the Healthy Ageing Strategy

Implementation of the Strategy will be embedded in Council's Integrated Planning and Reporting Framework and timelines, to ensure that priorities are included in the long-term planning and short-term delivery of Council's projects and programs.

Longer term outcomes will be in the Delivery Program which is a four-year document that aligns with the term of the elected Council. Each year priorities will be detailed in Council's one-year Operational Plan and these will be reported to Council and the community through the Quarterly Reporting process. Council will also create measures and targets that will be used to demonstrate Council's progress against service delivery and will ascertain whether Council is moving towards or away from the communities' priorities as outlined in *Our Inner West 2036*.

Action plan

1. Staying active

Action	Short Term	Medium Term	Long Term
1.1 Adopt a measure of wellbeing	<p>Identify a measure of wellbeing that supports the aspirations of older people</p> <p>Engage with the Culture Counts framework to develop methods of data collection</p>	<p>Promote the achievement of this wellbeing measure across Council and the community</p> <p>Use consistent data collection and analysis to articulate results for residents</p>	
1.2 Consider adequacy of resourcing	<p>At the end of each year, report to Council on the adequacy of resourcing this action plan to ensure delivery</p>		
1.3 Develop a community hub model to better connect older people to the broader community	<p>Conduct a community conversation to formulate the model and scope of a community hub for the Inner West</p> <p>Identify trial location(s) and collaborators for development of the community hub model</p>	<p>Commence implementation in two locations, building on existing asset use</p> <p>Evaluate trial sites and recommend future steps</p>	
1.4 Support a diverse range of wellbeing and creative ageing initiatives in the community	<p>Support collaboration with partners on wellbeing and creative ageing initiatives; particularly addressing needs of diverse communities</p> <p>Needs of people as they age are prioritised in the annual grants program</p>	<p>Use Council's website and communication avenues to support promotion of wellbeing and creative ageing initiatives</p>	<p>Collaborate with partners and NSW Government on sustainable wellbeing initiatives</p>
1.5 Promote and support intergenerational participation	<p>Evaluate how public participation investment supports access and inclusion for older people</p> <p>Support improved access and inclusion for older people in each public participation opportunity</p>	<p>Build collaborations to co-create increased intergenerational participation in community activities, including with schools and childcare centres; residential aged care, social, arts and culture, community and religious groups; and registered clubs</p>	<p>Identify and pursue broader funding and stakeholder partnerships to foster and support a diversity of intergenerational opportunities</p>

Action	Short Term	Medium Term	Long Term
1.6 Develop a framework to procure and prioritise healthy ageing initiatives	<p>Evaluate how Council initiatives for older people contribute to the creation of wellbeing</p> <p>Evaluation findings inform recommendations on future program support and on existing major funding recipients</p>	<p>Implement framework to support health and wellbeing initiatives from 1 July 2022</p> <p>Across Council, evaluation findings inform design briefs, program models and communications</p> <p>Align multi-year wellbeing grants and major wellbeing partners' funding from 1 July 2022</p>	
1.7 Improve Council communication with older people to support greater participation	<p>Evaluate Council's communication with older people and recommend improvements</p> <p>Create a wellbeing newsletter that provides relevant, accessible and timely information</p>	<p>Evaluation findings inform recommendations on broad communication improvements</p> <p>Explore digital screens for libraries and neighbourhoods to support and display information</p>	<p>Implement any newly recommended communication initiatives</p> <p>Explore the creation of virtual communities to build social participation</p>
1.8 Collaborate with Sydney Local Health District on policy issues	<p>Collaborate on:</p> <ul style="list-style-type: none"> • addressing isolation and loneliness • exercise and falls prevention • food security and nutrition • overcoming language barriers • Improving support and services for health conditions, especially for people with mental health and dementia 	<p>Promote new initiatives in collaboration with Sydney Local Health District</p> <p>Continued advocacy on new and emerging health needs for older people</p>	<p>Identify and engage in future projects to improve health outcomes for older people in the Inner West</p>

2. Getting around and staying connected

Action	Short Term	Medium Term	Long Term
2.1 Improved infrastructure development and service provision ensures inclusion and accessibility	<p>Public Domain Design Guidelines are implemented to create consistent access and inclusion in buildings, footpaths and local places</p> <p>Co-design of Town Centre Public Domain Master Planning with older people to deliver more inclusive and accessible outcomes</p> <p>Co-design and user acceptance testing of customer relationship software ensures inclusion and accessibility for older people</p>	<p>Co-design of infrastructure improvements for each precinct with older people</p> <p>Newly accessible customer relationship software commences</p>	
2.2 Review Council's Transport Support	<p>Review usage, coverage and gaps in Council's transport support for older people and recommend improvements</p> <p>Review findings to inform recommendations to Council on future transport support</p>	<p>Implement Council resolution on future transport support that deliver economic sustainability</p>	
2.3 Ensure accessible pathways through Pedestrian Access Mobility Planning	<p>Develop and adopt a Pedestrian Access Mobility Plan and accessible pathway network plan</p> <p>Co-design of local area traffic management plans creates new and improved footpaths, improved pedestrian road crossings and greater pedestrian accessibility</p>	<p>Local precinct centres and footpath upgrades are co-designed with older people</p> <p>Cycle path upgrades are co-designed with older people</p>	<p>The Capital Works Program continues to be informed by the priorities identified through the Pedestrian Access Mobility Plan and detailed local co-design</p>

Action	Short Term	Medium Term	Long Term
2.4 Community infrastructure planning and contributions deliver improved infrastructure for older people	<p>Develop a Community Infrastructure Contributions Plan</p> <p>Identify collaboration opportunities with potential partners including the NSW Department of Education under the Joint Use Agreement</p> <p>Outcomes from Voluntary Planning Agreement negotiations integrate with and support objectives in the Community Infrastructure Contributions Planning</p>	<p>Planning for delivery of asset upgrades includes projected growth in the population of people over 50 years of age</p>	
2.5 Educate on the appropriate use of accessible parking spaces	<p>Develop profile of need, usage and provision through a stocktake of current mobility spaces to understand the need, usage patterns and opportunities / challenges</p> <p>Ensure Council's new parking strategy includes measures to engage and educate on appropriate use of accessible parking spaces</p>	<p>Develop and deliver new communication on accessible parking</p> <p>Evaluate policy for on-street accessible parking for residents</p>	<p>Demonstrate improvement in compliance with use of accessible parking spaces</p> <p>Evaluate satisfaction changes over 18 months</p>
2.6 Contribute to improving transport policy	<p>Participate in policy development with Transport for NSW</p>	<p>Public transport route planning includes co-design by older residents</p> <p>Railway station and Light Rail accessibility upgrades are completed</p>	<p>Ensure clear local mobility access including pathways to transport links</p>

3. Housing, employment and financial security

Action	Short Term	Medium Term	Long Term
3.1 Advocate for affordable and accessible housing for older people	<p>Advocate to the NSW Government for increased supply of social and affordable housing for older people</p> <p>Continue engagement to implement findings of the review of the Boarding Houses Act and drafting of new legislation</p> <p>Actively support COTA NSW Building Better Homes Campaign – for the inclusion of improved accessibility standards in all new homes</p>	<p>Advocate with the NSW Government on increased affordable housing supply</p> <p>Continue engagement on improved access to My Aged Care and NDIS for boarding house residents</p>	
3.2 Review Council's Affordable Housing Policy	<p>Review of Council's Affordable Housing Policy will be undertaken concurrently with a revision to update Council's Voluntary Planning Agreements Policy and updates to the Affordable Housing Policy to reflect changing legislation.</p>	<p>Revision of Council's Affordable Housing Policy in line with this resolution will be undertaken concurrently with a revision to update Council's Voluntary Planning Agreements Policy and updates to the Affordable Housing Policy to reflect changing legislation. These are likely to be reported to Council early next year.</p>	
3.3 Promote employment and business opportunities for older people	<p>Develop marketing for local employers on the benefits of employing older workers</p> <p>Engage chambers of commerce in mentoring model by engaging older people to mentor young entrepreneurs</p> <p>Promote the NSW Government business advisory service to older people interested in running a business through social media and the web</p>	<p>Explore policy options for increasing employment of older people in Council</p>	

Action	Short Term	Medium Term	Long Term
3.4 Promote financial literacy and wellbeing among older people, and advocate for policy improvement	<p>Promote financial literacy tools and local services</p> <p>Host financial literacy workshops and information sessions in libraries and community centres</p> <p>Promote initiatives of the Older Women's Network targeting older women in financial crisis</p> <p>Undertake policy advocacy on poverty alleviation with the NSW and Commonwealth governments</p>	<p>Host workshops and information sessions in libraries and community centres</p> <p>Policy advocacy on poverty alleviation with the NSW and Commonwealth governments</p>	Policy advocacy on poverty alleviation with the NSW and Commonwealth governments

4. Safety

Action	Short Term	Medium Term	Long Term
4.1 Explore the use of community facilities for shelter in extreme weather events or other emergency situations	<p>Explore options for use of community facilities during extreme weather or emergency events</p> <p>Continue access to Council depots for COVID testing to ensure population safety</p>	Ensure planning and creation of new or improved facilities	
4.2 Collaborate with partners to reduce and prevent domestic violence and elder abuse	<p>Work collaboratively with the NSW Government agencies, other organisations and local services to implement initiatives to reduce and prevent domestic and family violence, and abuse of older people</p> <p>Build on work achieved with the existing Inner West Region Elder Abuse Collaborative</p> <p>Continue support for domestic violence prevention initiatives for LGBTIQ+ communities</p>	Work collaboratively with partners on reducing and preventing domestic and family violence, and abuse of older people	Work collaboratively with partners on reducing and preventing domestic and family violence, and abuse of older people

5. Learning and sharing knowledge

Action	Short Term	Medium Term	Long Term
5.1 Increase the visibility of healthy ageing	<p>Use local images to tell the community story and to promote healthy ageing in the Inner West</p> <p>Endorse the EveryAGE Counts campaign and seek to articulate this approach through Council’s narrative on ageing</p>	Create stock of images that display positive portrayals of healthy ageing	
5.2 Support the Inner West Dementia Alliance	<p>Map initiatives to build inclusion and participation for people with dementia with the Dementia Alliance</p> <p>Promote the Dementia Friendly Toolkit for Local Government for use in customer service improvement planning</p>	<p>Explore dementia friendly awareness training for staff</p> <p>Explore options on becoming a dementia friendly city</p>	
5.3 Promote ways to connect older residents to volunteering opportunities	<p>Promote existing volunteer recruitment platforms</p> <p>Explore collaboration on shared recruitment, background checking and management of volunteers to:</p> <ul style="list-style-type: none"> · engage older people as volunteers · engage volunteers to support older people 	<p>Collaborate to develop or strengthen community initiatives that encourage people to be involved and stay connected in their community after retirement</p> <p>Promote home-based volunteer support initiatives</p>	

Action	Short Term	Medium Term	Long Term
5.4 Promote resources for becoming a carer at any age	<p>Collaborate with Carers Australia and the NSW Department of Communities and Justice to develop a tactical approach to support people who assume a caring role</p> <p>Promote available information and resources on becoming a carer</p>	Collaborate with Sydney Local Health District to explore ways to support grandparents who have a caring role for grandchildren	
5.5 Provide opportunities to support communication via traditional methods and digital inclusion for older residents	<p>Continue to support opportunities for older people to increase skills in digital technology</p> <p>Evaluate traditional methods of communication with older people to tailor to their needs</p>	Collaborate with residents, schools and other educational avenues to establish a sustainable digital cross generational learning framework	

6. Health and diversity

Action	Short Term	Medium Term	Long Term
6.1 Collaborate on implementing the Aboriginal Health Strategic Plan of Sydney Local Health District	<p>Collaborate in the policy domains:</p> <ul style="list-style-type: none"> · Aboriginal social determinants of health · aged and chronic care · cancer and oral health · falls prevention · the health worker forum <p>Embed health and wellbeing actions for Aboriginal elders in Council's Reconciliation Action Plan</p>	<p>Collaborate with Sydney Local Health District on implementing the Aboriginal Health Strategic Plan</p> <p>Support Women's and Men's groups for Elders</p>	
6.2 Improve capacity to engage in culturally sensitive ways with Aboriginal and Torres Strait Islander people	<p>Provide cultural awareness training for all Council staff</p> <p>Develop resources on engagement practices for Council staff to collaborate with Aboriginal elders</p> <p>Grants program supports activities and events that bring Aboriginal elders and young people together</p>	<p>Develop and implement actions arising from the Reconciliation Action Plan</p> <p>Grants program supports activities and events that bring elders and young people together</p> <p>Support opportunities for storytelling, sharing knowledge and recording of oral histories</p>	Develop and implement actions arising from the Reconciliation Action Plan
6.3 Improve capacity to engage in a culturally sensitive way with LGBTIQ+ people	<p>Evaluate what is working well and strengthen communication for LGBTIQ+ people</p> <p>Identify opportunities for improving programs and initiatives to ensure inclusion of LGBTIQ community</p>	<p>Promote peer support and inclusion for older LGBTIQ+ people</p> <p>Support opportunities for shared experiences and digital recording of history and life stories</p>	

Action	Short Term	Medium Term	Long Term
6.4 Support the sustainability of groups of older people from culturally and linguistically diverse backgrounds	<p>Council annual grants program focusses on sustainability of multicultural groups</p> <p>Ensure relevant Council information is provided in accessible formats</p>	<p>Advocate with Multicultural NSW on new and emerging needs for people from diverse communities</p> <p>Grants support multicultural community groups to deliver culturally appropriate activities and events, that bring older and young people together</p> <p>Support opportunities for sharing knowledge and digital recording of life stories</p>	

Appendix 1

Inner West Council's Integrated Planning and Reporting Framework

Under the NSW Local Government Act 1993, councils are required to develop a hierarchy of plans known as the Integrated Planning and Reporting (IPR) Framework. This framework assists councils in delivering their community's vision through long, medium and short-term plans.

Diagram of in the Integrated Planning Framework showing the relationship between Federal, State and regional strategies and plans and how they affect the Corporate reporting structure of the Community Strategic Plan, strategies, resourcing, monitoring and delivery of the four-year action plan.

The purpose of the framework was to formalise strategic and resource planning across NSW councils and ensure long term planning is based on community engagement leading to a more sustainable local government sector.

Implementation of the Healthy Aging Strategy will be embedded in Council's Integrated Planning and Reporting (IPR) Framework and timelines to ensure that priorities are included in the long-term planning and short-term delivery of Council's projects and programs. Longer term outcomes will be in the high-level Delivery Program which is a four-year document that aligns with the term of the elected Council.

Each year priorities will be detailed as initiatives in Council's one-year Operational Plan and these will be reported to Council and the community through the Quarterly Reporting process.

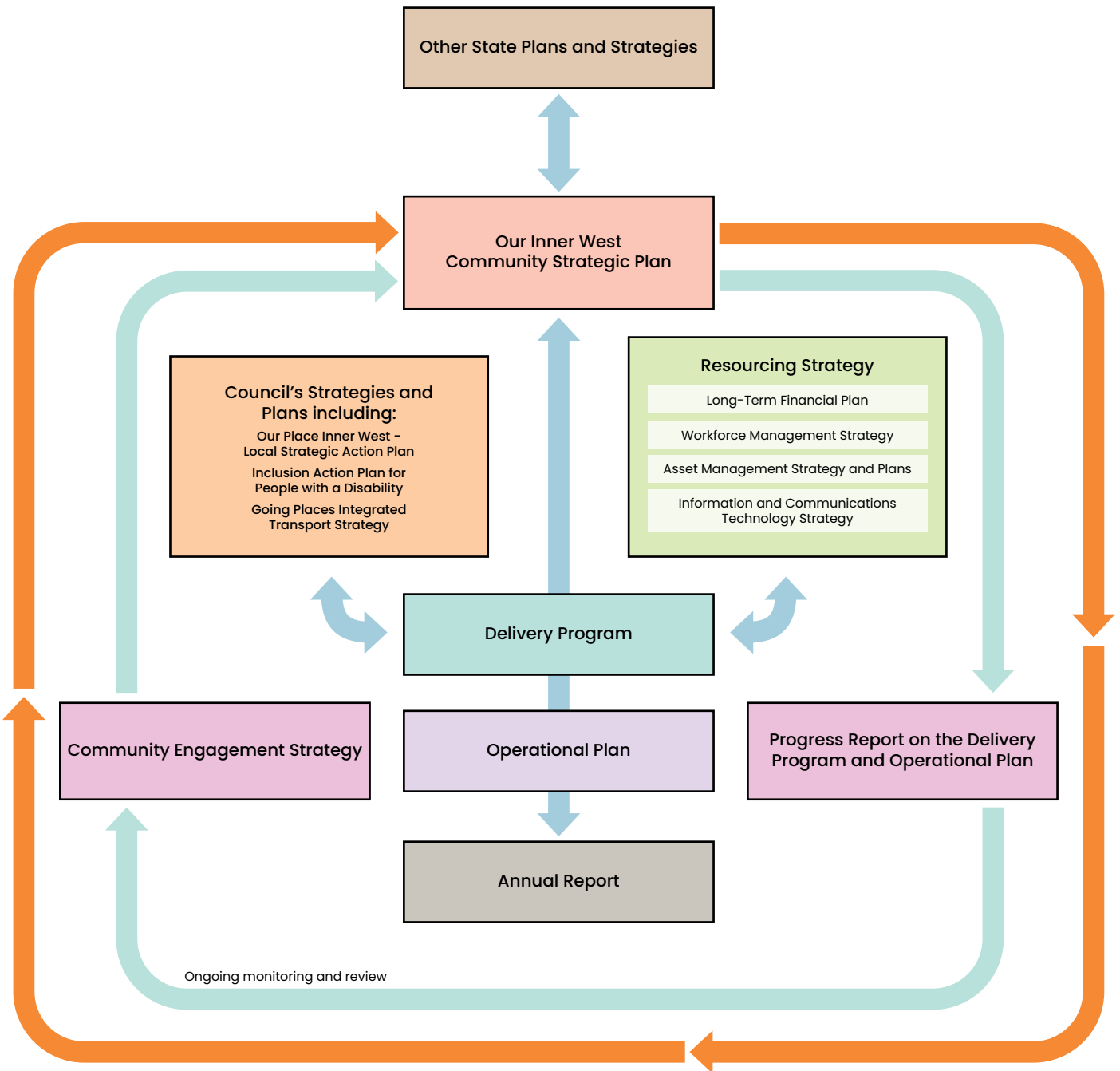
In addition to these actions, Council will also create efficient and effective measures and targets that will be used to demonstrate Councils' progress against service delivery and will ascertain whether Council is moving towards or away from the communities' priorities as outlined in the Community Strategic Plan – *Our Inner West 2036*.

Our Inner West 2036 strategic directions and priorities are:

- Creative communities and a strong economy
- Unique, liveable, networked neighbourhoods
- Caring, happy, healthy communities
- Progressive local leadership
- An ecologically sustainable Inner West

Endnotes

- 1 Haslam, Catherine, Jetten, Jolanda, Cruwys, Tegan, Dingle, Genevieve, and Haslam, S. Alexander (2018). *The new psychology of health: unlocking the social cure*. London: Routledge. <https://doi.org/10.4324/9781315648569>
- 2 World Health Organization (2020) Ageing: Health ageing and functional ability. Downloaded from: <https://www.who.int/westernpacific/news/q-a-detail/ageing-healthy-ageing-and-functional-ability>
- 3 Haslam et al, *ibid*.



Integrated Planning and Reporting Framework

Community Languages

Talk free with an interpreter call 131 450

Chinese Simplified	我们说普通话。如需免费传译服务，请致电131 450，然后请传译员致电02 9392 5000 接通 Inner West市政府。
Traditional Chinese	我們能說您的語言。如需免費傳譯服務，請致電131 450，然後請傳譯員致電02 9392 5000 接通 Inner West市政府。
Greek	Μιλάμε τη γλώσσα σας. Για να μιλήσετε δωρεάν σε διερμηνέα καλέστε το 131 450. Ζητήστε τους να καλέσουν το Δήμο Inner West Council στο 02 9392 5000.
Italian	Parliamo la vostra lingua. Per parlare gratuitamente con un interprete chiamate il numero 131 450. Chiedetegli di chiamare il Comune di Inner West al numero 02 9392 5000.
Vietnamese	Chúng tôi nói ngôn ngữ của quý vị. Muốn nói chuyện có thông dịch viên miễn phí, hãy gọi số 131 450. Yêu cầu họ gọi cho Hội đồng Thành phố Inner West qua số 02 9392 5000.