

Monday

Tuesday

Wednesday

Thursday

Friday

STRENGTH & MOVEMENT Hall
8-9am Christy
\$10

TABLE TENNIS
9am - 12.00pm
Activity Rm **FULL**

ROAD SCHOLARS
Walking Group
2nd MON monthly

CAMERA GROUP
1-2.30pm Act Rm
\$51 a term **FULL**

SCRABBLE/GAMES
1-3pm **FREE**
Meeting Room

TECH HELP
Kerry-Lee 1-3pm
Book: 9392 5869
FREE

IYENGAR YOGA
w/ Jean
3 - 4.15pm
Hall
\$10

YOGA w JANET
8.45 - 10am
Hall \$10

BLOKES with BOOKS
9 - 10am
Meeting Room
1st Tuesday monthly
FREE

TECH HELP
Andy 10-12pm
Carrie 1-3pm
Book: 9392 5869
FREE

TUESDAY LUNCH
11 - 2pm Hall \$10
Live music, bingo
Book: 9392 5869

UKELELE for
Beginners w Lindy
1.30 - 2.30pm
Media/Mtg Rooms
\$10

Contact us before
joining programs
9392 5869

YOGA w PAUL
8.30 - 9.45am
Hall **FULL**
\$10

YOGA w KERI
10 - 11.15am
Hall
\$10

TABLE TENNIS
12 - 3pm
Activity Rm **FULL**

TECH HELP
Stan 10-12pm
Carrie 1-3pm
Media Room
FREE

Book:
9392 5869

BOOK GROUP
1 - 2.30pm
2ND WED monthly
Meeting Room
FREE

STRENGTH & MOVEMENT \$10 Hall
8-9am Christy **FULL**

DANCE REMEDY w Paul
Media/Mtg Rooms
9:15 - 10:15am **FULL**
\$10

TAI CHI w Sam in hall
9.15-10.15am \$10

TABLE TENNIS
9.30 - 4pm **FREE**
Book: 93925869

DANCE REMEDY at
ROZELLE w Paul \$10
10.30 - 11.30am **FULL**

TECH HELP w
Anastasia
10.30 - 12.30pm **FREE**
Book: 9392 5869

CARD GAME: 500
1 - 3pm **FREE**
Media/Mtg Rooms

ROAD SCHOLARS
Walking Group
4th THURS monthly

YOGA w Paul
8-9am
Hall
\$10

ZUMBA GOLD
w Rachel
9.15-10am Hall
\$10 **FULL**

TECH HELP
Andy/Suzanne
10 - 12pm
Media Room
FREE
Book: 9392 5869

ZUMBA GOLD w
Rachel
10.15 - 11am
\$10 Hall
FULL

ART
WORKSHOPS
First Fri month
1 - 3pm Hall
Booking
essential

Hannaford Community Centre

608 Darling St, Rozelle, NSW

Sarah.Taylor@innerwest.nsw.gov.au



Phone:

9392 5869



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

SHARE

Seniors' Exercise
9 – 11am Hall
8580 0628

**U3A DISCUSSION
GROUP**

10.30 – 12.30pm
Meeting Room
0408 607434

HEART STRONG

11am–12pm Hall
Christine
0404 718 187

**BALMAIN BRIGHT
SPARKS**

3.30 – 5.30pm
0414 488 601
balmainbrightsparks@gmail.com

**LILYFIELD
WOMENS' AA**

7-9pm
Hall

U3A French

10 – 11.30am
Alan 9819 6579
11:30 - 1pm
Sue
0418 673 670
Meeting Room

**BALMAIN
BRIGHT SPARKS**

3.30 – 5.30pm
0414 488 601
balmainbrightsparks@gmail.com

JAPAN KARATE

7-8.30pm
Hall
0400 793 166

**BONJOUR
BABIES**

9am – 12pm
Activity Room
0434 105 228

**FOOTPATH
LIBRARY**

12 – 2.30pm
1st WED month
0410 824 816

**BALMAIN
BRIGHT
SPARKS**

3.30 – 5.30pm
0414 488 601
balmainbrightsparks@gmail.com

AL- ANON

6–8pm Hall

CHAIR YOGA

10:30-11:30am
Mtg Rm
Christine
0404 718 187

**DANCE FOR
PARKINSONS**

11:30-1:30PM
Mtg Rm/Hall
Cathie 0414
067 045

**BALMAIN
BRIGHT
SPARKS**

3.30 – 5.30pm
0414 488 601
balmainbrightsparks@gmail.com

AA

7–9pm Hall

**WEIGHT
WATCHERS**

8–9.30 am
Hall
9928 1300

**SEDENKA
FOLK
DANCING**

Hall
7.30–10pm
Chris
0425 200 031
9560 2910

**AA
Balmain
Saturday
Night**

7.30 –
9pm Hall

**AL -
ANON**

10.30-
11.45am
Lounge
Mtg Rm

NA

6–8pm
Hall

HIRERS – phone them for info about their activities

Hannaford Community Centre

608 Darling St Rozelle NSW 2039

cathy.middleton@innerwest.nsw.gov.au

Phone:

9392 5869

